



EARTH SKY + WATER

"Katrina is the best kind of guide through life's passages: a thoughtful, fearless friend who reaches out a hand and says, 'I've been here too.'"
—Dani Shapiro

moments of seeing
Reflections from an Ordinary Life



KATRINA KENISON
author of *The Gift of an Ordinary Day*

BOOK ANNOUNCEMENT FROM EARTH SKY + WATER

from the author of *The Gift of an Ordinary Day* and *Magical Journey*

In this long-awaited collection of essays from her popular blog, Katrina Kenison gives voice to the simple joys and private longings of women everywhere. Here are the deeply felt and beautifully articulated moments of life as it is really lived -- family dinners, the poignant arrivals and departures of growing children, the triumphs and tumult of parenting, the ups and downs of friendship, the challenges of marriage, the delicate balance between solitude and intimacy, the fleeting beauty of the seasons, the death of loved ones, the march of time.

It is a special privilege to enter the life of a writer as candid, as quietly courageous, as Katrina. "Wake up," she gently reminds us. "Be grateful. Keep an eye out for wonder."

So it is that we begin to discover the sacred in the everyday. We learn to embrace the wealth of experience an ordinary life can hold. And we find in the pages of this generous, lovely book the very companionship we seek for the bewildering, bewitching journey through midlife and beyond.

Moments of Seeing:
Reflections from an Ordinary Life
by Katrina Kenison

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**"Katrina Kenison beckons
readers into her world and
proves to be an insightful
guide and companion through
the vicissitudes of life."**

~ Chicago Tribune



KATRINA KENISON is the author of three books tracing the seasons of a woman's life: *Mitten Strings for God: Reflections for Mothers in a Hurry*; *The Gift of an Ordinary Day: A Mother's Memoir*; and *Magical Journey: An Apprenticeship in Contentment*. With yoga teacher Rolf Gates she wrote *Meditations from the Mat: Daily Reflections from the Path of Yoga*. From 1990 until 2006, Kenison was the series editor of *The Best American Short Stories*, published annually by Houghton Mifflin. She co-edited, with John Updike, *The Best American Short Stories of the Century*. The mother of two grown sons, she lives with her husband in rural New Hampshire. Her YouTube video *The Gift of an Ordinary Day* has been viewed more than two million times.

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To set up a reading, interview, or personal appearance, please email Katrina directly at klewers@tds.net

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